

NORTHERN MICHIGAN YOUTH WRESTLING CHAMPIONSHIPS



Gaylord High School
Saturday, March 15th., 2008

- Grades K-8, folkstyle.
- Coaches meeting begins at 9:00 a.m. Be on time!
- Wrestling begins at 10:30 a.m.
- \$5 per wrestler, checks payable to Northern Exposure. Pay on site.
- Four man round robin style tournament grouped by grade, closest weight, and experience.
- **Medals for 1st thru 3rd, ribbon for 4th, Wall-Charts for Champion.**
- Four mats will be taped into eight sections.
- Certified officials for grades 7th and 8th.
- K-6th grade will have three 1 minute periods. 7-8th grade will have three 1½ minute periods.
- Home weigh-in.
- All Northern MI schools invited, southern schools may attend.

Submit a 3.5" card for each wrestler:

GRADE	YRS EXP
WRESTLER'S NAME	
SCHOOL	
WEIGHT	
Coach's signature to verify weight	

Please RSVP

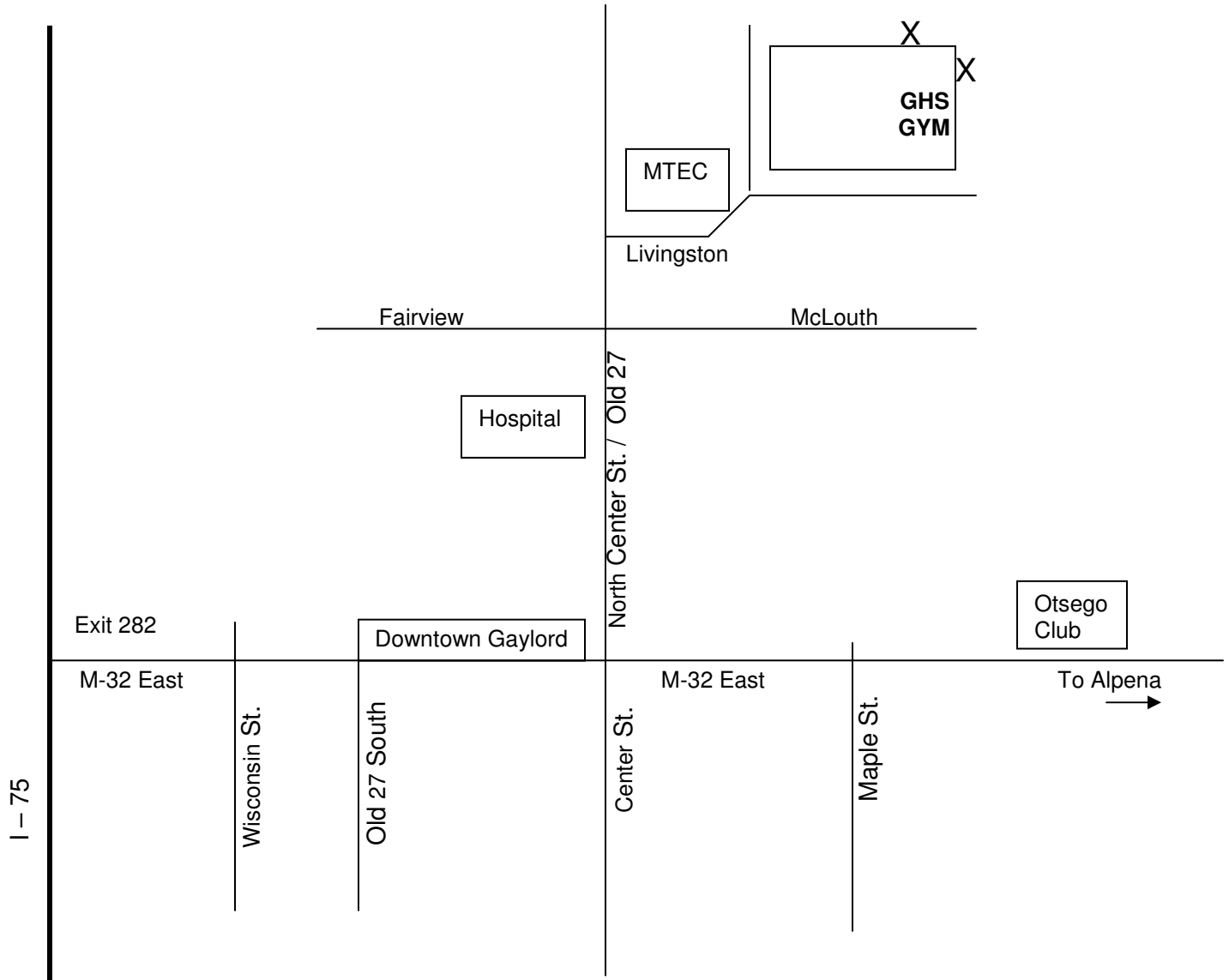
Contact: Coach Jerry La Joie
GHS 989-731-0969 ext 1285
Home 989-731-3492
Cell 989-619-5098
E-Mail lajoiej@gaylord.k12.mi.us

Please photocopy the directions on the back of this flyer for parents

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Gaylord High School

Saturday, March 15th., 2008



Coaches Meeting 9:00 am
Wrestling Begins 10:30 am

Concessions served all day including breakfast and lunch
T-shirts available